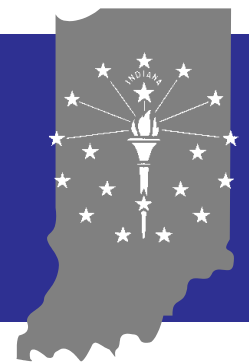


The INTERCHANGE

Monthly Newsletter for State Employees Prepared by State Employees



Innovative State Program Helps Hoosiers Plan for the Future

At least one-third of all Hoosiers reaching age 65 will enter a nursing home at some point in their lives. Even more will require in-home care or assistance. That's why it is important that middle-aged Hoosiers start planning now for their future health care needs while they are still in their 30s, 40s and 50s.

Indiana residents have access to an innovative state-run program that can help them prepare for long term care needs — such as in-home care, community-based care, assisted living or nursing home care — and most importantly, allow them to protect assets they worked so hard to accrue. The program is the Family and Social Service Administration's (FSSA) Indiana Long Term Care Insurance Program, also called Indiana Partnership.

Indiana Partnership policies combine the best of private long term care insurance with Medicaid asset protection. Hoosiers can buy long term care insurance through a private insurer, however only policies endorsed by the Indiana Partnership program allow them to protect assets.

There are great incentives for individuals to purchase Indiana Partnership policies while they are young. Policy premiums are less expensive and over time the value of the policy will grow.

For more information on the Indiana Partnership program, visit <http://www.longtermcareinsurance.IN.gov> or call 1-866-234-4582.

Remembering Frank O'Bannon

The following is Governor Joe Kernan's statement on the one-year anniversary of the death of Governor Frank O'Bannon. Governor O'Bannon passed away on September 13, 2003.

"It's been a year since we all lost our good friend, Frank O'Bannon. I know so many Hoosiers across this state, like me, miss him today more than ever.

"I've been asked in recent weeks how I would describe Frank's legacy. My response is that his footprints and fingerprints are everywhere across this state. For more than 30 years, Frank focused his full energies and talents on strengthening Indiana and building opportunities for his fellow Hoosiers.

The results of that commitment will impact Indiana for generations.

"Frank had the ability to bring people of diverse backgrounds and points of view together, as he did with the Education

Roundtable and in his work with the General Assembly. He helped us focus on our common purpose and common mission, and as a result, our accomplishments were significant.

"Frank was a role model for how we all hope to lead our lives, and even his last act, as an organ donor, set an example for us to follow. With more than 500 Hoosiers currently awaiting life-saving organ transplants, I would encourage Hoosiers across the state to follow Frank's example and make this same commitment. It's a more than appropriate way to honor Frank and his example of public service.

"Today, our thoughts are with Judy, who continues the community work that she and Frank devoted their lives to, and their three children and six grandchildren. I know that I am speaking for all Hoosiers when I say to his family thank you for sharing Frank with us. Our state and its citizens are all the better for the time he spent with us."



On November 7, 2000, Frank O'Bannon and Joe Kernan celebrated O'Bannon's re-election.

BMV License Branches Open on Saturdays Statewide

Earlier this year, the Bureau of Motor Vehicles Commission (BMVC) voted to adopt a new schedule that would open license branches statewide on Saturdays beginning in October. The plan was presented by Mary L. DePrez, who as commissioner of the Bureau of Motor Vehicles, chairs the BMVC.

The plan affects all 163 full-service license branches throughout Indiana. Six part-time satellite branches will keep their current hours. Currently, only 11 branches are open Saturday mornings, none of them south of Indianapolis. Those 11 branches complete more than 120,000 transactions a year in just three hours on Saturday morning.

In presenting the proposal, Commissioner DePrez said, "Government's primary role is to provide service to customers. I believe we must continually examine and re-examine the changing needs of our customers." DePrez said that the popularity of Saturday hours at the few branches that currently offer them indicates that customer support for the new schedule will be widespread.

DePrez also said that driving tests will now be offered on Saturday, meaning students will not have to miss school and parents will not have to miss work for weekday driving tests. Also, she noted, the plan has no fiscal impact. By closing on Mondays, branches can open Saturday mornings and all day Wednesday without the need to hire additional staff.

SECC Kickoff Door Prize Winners

Ora Williams, TRF
Amanda Kleyn, INDOT
Sue Frye, DWD
Tammy Bibbs, Civil Rights Comm.
Jan Saylor, ITOC
Roberta Lefler, FSSA
Brian Dunbar, INDOT
Steve White, Madison State Hospital
Kathy Haynes, Worker's Comp. Bd.
Jessica Brown, Dept. of Labor
Patt Weaver, Fire & Building Svcs.
Stephanie Sanders, FSSA
Katrina Stovall, IDOA
B. J. Schmidt, INDOT
Shirley Kirby, ATC
Debra Evans, FSSA
Sandy Riczo, IDOA

Pacers Tickets
Indians Tickets
Autographed Baseball
Bobblehead
Fever Fan Pack
Camp Riley T-Shirt
Camp Riley T-shirt
Water Bottle
Water Bottle
Water Bottle
Golf Shirt
Golf Shirt
Sweatshirt
Sweatshirt
Night Shirt
Special Buddy doll
Special Buddy doll

State Library Increases Hours of Service

On September 11, 2004, the Indiana State Library began opening its doors to the public on Saturdays from 8:30 a.m. until 4:00 p.m. "We are pleased to offer these additional hours for our customers," said Barbara Maxwell, State Librarian. "We know that many people can't visit during our regular hours. This should help meet their needs."

Librarians will be available to help with research and answer questions concerning genealogy, Indiana history, general reference, and the State Data Center. The Genealogy Room on the first floor and the Microforms Area on the second floor will be open. Although books will not be available for check out, patrons may use a variety of materials within the library.

To enter the library on Saturdays, use the entrance at 315 West Ohio Street. Saturday hours are in addition to the current hours of Monday through Friday, 8:00 a.m. to 4:30 p.m. For additional information on parking and hours, visit the Library's Web site at www.statelib.lib.in.us.

The Library's collections focus on the history, culture, state government, newspapers, genealogy and family history resources of Indiana, as well as the history, culture, economy, and government of the United States. It has the largest collection of federal government publications in Indiana. Other strengths of the collection include family history resources related to the eastern United States, library science, and Braille, large print, and books on tape for the visually impaired.

For additional information, please contact Andrea Bean Houghat (317) 232-3734 or ahough@statelib.lib.in.us.

Have a Happy and Safe Halloween



Artwork provided by Jerry Williams, State Personnel Dept.

Smoking Will Hurt Me, Right Mommy?

Indiana State Personnel Director Sue Roberson realized she had to quit smoking when her impressionable five-year-old daughter put a cigarette in her mouth because she saw her mommy do it. Roberson's story is not dramatically different from others; however moments like this one put this addiction and its negative effects into perspective.

Like 60 percent of Indiana Households, the Roberson's do not permit smoking in their home. "I stopped smoking in our home when my daughter was diagnosed with asthma," said Roberson. Her commitment to protect her children in the home has given her a personal motivation to kick this habit for good.

"Deciding to quit smoking has changed my lifestyle," Roberson admits. "I am finding myself enjoying knitting again—It's been 15 years and I had forgotten how much I enjoyed it."

Roberson added that she is smoking less as time goes by and she has actually found herself getting tired of smoking and admitted it has even started to get on her nerves!

Roberson's children give her the reality check that many smokers need to make the first step toward living a smoke-free lifestyle. "I knew after my five-year-old mimicked my behavior I had no choice but to stop smoking. When your child asks you if smoking will kill her—what can I say but 'yes.'"

Ready to Quit?



Break the Addiction!

Call Barb Knott at (317) 233-3282...
SPD/ITPC is developing classes based on need!

THE REEF
Pet Shop

**State Employees Receive a 10% discount on all items,
including dog food and cat food.**

Visit http://www.in.gov/jobs/special_projects/discount.html for more information on this and other employee offers.

Home is Where the Heart Is....

For many youths, home is where the heart is exposed to toxins that are found in secondhand smoke like arsenic, benzene and ammonia. Secondhand smoke has been shown to cause heart disease, cancer, respiratory problems and eye and nasal irritation. Exposure to secondhand smoke takes place in the home, public places, worksites and vehicles.

Every day more than 15 million Hoosier youths come into contact with secondhand smoke in the home. Although 91% of adults understand that exposure to secondhand smoke causes respiratory problems with children, many choose to ignore smoke-free guidelines for the home.

According to the 2002 Indiana Youth Tobacco Survey, three out of four high school students and 61% of middle school students reported being in the same room with someone smoking during the seven days prior to the survey. These numbers remain excessively high because youths succumb to secondhand smoke in their home or while riding in a car with their parents or family members.

This knowledge alone illustrates the importance of establishing no-smoking rules at home. By refraining from smoking in the home children will have the right to breathe fresh air free from harmful toxins associated with secondhand smoke.

What Can You Do?

- If you smoke, quitting will benefit not only your health but the health of your children.
- Institute and enforce strict no-smoking rules for your home and car.
- Encourage your children to ask others not to smoke around them.
- Accept Indiana Tobacco Prevention and Cessation's Breathing Room Challenge and designate your home and car as smoke-free zones.

A partnership between the Indiana State Personnel Department (ISPD) and the Indiana Tobacco Prevention and Cessation Agency (ITPC) provides additional programs and resources to help state employees quit smoking. As a result of this ongoing partnership, facts about tobacco use and its effects on Indiana state employees appear in each monthly issue of The Interchange.

For more information, or if you or a loved one needs help quitting smoking, call 866-515-5433 or visit www.WhiteLies.tv.

TRAINING PROGRAMS November 2004

Date	Time	Class	Cost
3	9:00 - 4:00	Information and Records Management	Free
4	8:30 - 4:30	HR Orientation**	Free
9	9:00 - 12:00	Selection and Interviewing	Free
9	1:00 - 4:00	Intro to Spanish	Free
10	9:00 - 12:00	Sexual Harassment Prevention	Free
16	8:30 - 3:30	Interpersonal Dynamics	\$25
17	9:00 - 3:30	Performance Appraisal	Free
18	8:30 - 4:30	Pre-Retirement Planning Seminar	Free
18	1:00 - 3:30	Hoosier S.T.A.R.T. "Are You Saving Enough"	Free

NOTE: All classes will be held in the State Training Center except where noted.

**These classes are only offered to SUPERVISOR/MANAGERS AND/OR HUMAN RESOURCES PERSONNEL.

Classes that require a fee are noted. Obtain your supervisor's approval to attend.

For more information or to register, you will need to contact your agency training contact person (ATCP).

Hassle Free Savings

Community Chrysler Dodge Jeep in Martinville is now offering thier Hassle Free Fleet Purchase Program to all State Employees and their family members. Purchase any new or pre-owned vehicle at Factory Invoice (minus all available rebates at the time of delivery), and receive discounts on service and parts.

To take advantage of this great opportunity, you must present the coupon below or show proof that you are a state employee (employee ID or recent paycheck stub). Offer excludes Viper, Crossfire Roadster, 300, and SRT models.

Browse our entire inventory at www.communitychrysler.net.

Contact Ryan Neely by phone at (317) 985-2499 or 888-333-3954, or by email at rneely@communitychrysler.net.

For more information about this and other employee offers, visit http://www.in.gov/jobs/special_projects/discount.html

State Employee Fleet Purchase Program Voucher

Hassle free savings

COMMUNITY CHRYSLER DODGE JEEP
Ask for RYAN NEELY
Tel: 317-985-2499 OR 888-333-3954

The Interchange

Published by the Indiana State Personnel Department.
Printed as a courtesy of Central Printing - Dave Sandlin,
Manager. Distributed as a courtesy of Central Mail.

 Printed on Recycled Paper

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- *FREE Group Classes: Pilates, Yoga, Spin, Step, Cardio
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- *Performance and Nutritional
- *Supplements at Discount
- *14,000 sq. ft. facility

State Employee Prices

\$199 for 2 Years

\$120 for 1 Year

\$19 monthly

\$0 Enrollment Fee

Offer valid for new members only and expires 12/01/04

~~Normal Club Prices~~

~~**\$499 for 2 Years**~~

~~**\$299 for 1 Year**~~

~~**\$35 monthly**~~

~~**\$49 Enrollment Fee**~~

Contact: Chase King (Co-Owner) or Mike Gerard (Fitness Consultant)
at (317) 255-4644 or email mononfitness@aol.com

M-TH 5:30 a.m.- 10:00 p.m.
Fridays 5:30 a.m.- 9:00 p.m.
Sat/Sun 8:00 a.m.- 5:00 p.m.

Ask how to get a free month
and have your friends
work-out with you!